

February 2024

Get your sewing machines started because the Washington County 4-H Sewing Club is ready to start back for the year! This group will meet every Monday starting March 4th to June 3rd. Last year we had 4-H'ers make backpacks, dufflebags, a dress, and more!

Any youth that are interested should fill out the QR code below and join our Remind Text by texting @4hsew24 to 81010.



We encourage youth to have their own sewing machines however we do have a few sewing machines available to borrow from our office.







Jacide: Sewing Club Club Meetings Save the Dates 4-H Camp Counselors Goodwill meets 4-H

I Love Cows Essay Contest

Ag Tag

At the Extension Office

Cooperative Extension Service Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities accommodated with prior notification.

LEXINGTON, KY 40546

Project Clubs Join for the 2023-2024 project year!

4-H SharpShooters

Shooting Sports Club

Registration for the 2023-2024 year are open! Monthly meetings start February 13th at 6:30 and all youth should have completed the registration packet by that meeting. then weekly practices following spring break. **REMIND:** @4htarget24 to 81010

4-H Country Ham Project Country Ham



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Hams are in cure and members have their speech topics for the year! Members of the Ham Project should also attend Livestock Club meetings on the last Tuesday of every month.

REMIND: @salty20 to 81010

4-H Best Sew-ers in Town Sewing Club

These folks have great talent! Get ready to make some beautiful masterpieces in the next couple months! This project is getting ready to start back for the year so be sure to get signed up! **REMIND: @4hsew24 to 81010**

4-H Cooking Club *Foods & Nutrition*



This is a NEW club making its debut on Feb. 1st! We'll learn cooking skills, practice recipes, and host a meal to celebrate with our families! This is at it's max registration currently. Have your name put on a wait list by calling the office. **REMIND: @wc4hcooks to 81010**

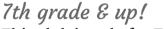
4-H Hooves & Horns *Livestock Club*



Learn about feeding, healthcare, judging, grooming, and showing livestock with the Hooves & Horns Livestock club! Their meetings are the last Tuesday of every month at the Washington County Extension Office at 7:00. **Their next meeting is February 27th.**

REMIND: @salty2020 to 81010

4-H Teen Advisory Council





This club is only for Teens devoted to experiencing new things! We meet on the first Wednesday of every month at 4:30. The next meeting will be February 7th and we'll be discussing Capitol Experience, Safety Day, and the upcoming area teen events.

REMIND: @wc4hteen to 81010

4-H Young Riders Club *Horse Club*



If you love horses this club is for you! You **do not** have to own a horse to participate either! In fact they do tours of the industry and have professional speakers often. Meetings are held on the third Monday of each month. The membership fee is \$7. Their next meeting is February 19th. Their meeting is at 6:30. **REMIND: @wchorse2 to 81010**

COMMUNICATION CONTESTS

Whether you like to express yourself through song-writing, essays, or by speech, we have a contest for you!

WRITTEN COMMUNICATION

Want to express your thoughts but don't want to give a speech? The Written Communication Contest is for you! 4-H'ers from 9-18 can show off their passion for writing. Entries are due **February 23rd** by emailing entries to melissa.schenck@uky.edu or dropping a

typed paper copy off at the Washington County Extension Office.

Categories include:

- Songwriting
- Poetry
- Original Monologue
- Press Release
- Public Service Announcement
- "What 4-H Means to Me" Essay.

SPEECH AND DEMONSTRATION



If you'd prefer to express yourself by talking and showing others then the speech and demonstration contest is for you! Students DO NOT have to qualify at a classroom or school level contest to compete.

Speeches by Senior youth (Youth Born 2004-2008) must be between 5 to 7 minutes long. Speeches by Junior youth (Youth born 2009-2013) must be between 3 to 5 minutes.

The County Contest is Tuesday, **March 19th**, 2024 at 5:00 PM at the Washington County Extension Office. Participants MUST REGISTER by Friday, **March 8th**. Scan the QR code above to see demonstration categories and register!

GOODWILL MEETS 4-H • 2024 UPCYCLE CHALLENGE •

OVERVIEW

Each participant (must be in grades 8-12 to participate) will receive a \$20 Goodwill voucher for the purpose of collecting materials from their local Goodwill store. Vouchers can ONLY be used at Goodwill locations listed on **www.goodwillky.org/4H**.

Participants will use their sewing skills to revamp the items, turning something old into something new, based on the 4-H upcycling guidelines.



DATES

FEBRUARY 28: FINAL day to sign up with your 4-H agent

MARCH 5: Goodwill vouchers will be mailed/distributed

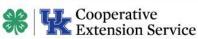
APRIL 26: Deadline to submit photos to www.goodwillky.org/4H

MAY 13-17: Voting will take place on Goodwill's Facebook & Instagram (@goodwillky)

PRIZES

1st place: Teen Conference registration + \$100 Goodwill gift certificate **2nd place:** \$150 toward Teen Conference registration + \$50 **3rd place:** \$40 Goodwill gift certificate 4th place: \$30 Goodwill gift certificate 5th place: \$20 Goodwill gift certificates





Save the Date





Junior Leadership

This program is for 7th grade students to develop their leadership styles and learn about working with others. Applications to join will be open until February 2nd. Youth will be notified by February 19th about if their application was accepted! This program will be held during the school day on the days listed below. You might notice the days have changed a bit from what we originally as we had scheduling conflicts.

- March 14
- March 19
- March 28

Super Star Chef!



If you love to cook and want to sharpen your skills then Super Star Chef is the place for you! Kids ages 9-12 will chop, dice, and whip up tasty treats. We will make recipes like fiesta dip, muffins, roasted potatoes and more! This is a day camp series hosted during Spring Break and participation is free. Spots are limited and registration will open in March!

- April 1
- April 2
- April 3



An arboretum, community garden, greenhouse, and plant pathology lab are just a few of the places we'll be touring on this tour! Registration for this group will be limited as transportation is provided. Registration will be open in April.

- June 3
- June 4
- June 5

Teen Conference

Held on campus at the University of Kentucky, this conference is for high school

4-H members.

• June 11-14











Camp doesn't have to end at 14 years old! Those who are 15-18 years old can apply to attend camp as Counselors! Keep in mind that applying to be a Counselor can be competitive and we can only take a limited number so be sure to fill out the application thoroughly!



This application is for youth age 15-18 years old. **4-H Camp registrations for all youth will be available soon.** If you are an adult interested in going to 4-H camp pleas contact Melissa by emailing melissa.schenck@uky.edu or calling 859-336-7741



Camp this year is July 8-12. Teen Counselor applications are due May 3. 4-H Camp registrations for youth 9-14 will be available soon!

Ag Tag

SUPPORTING YOUR LOCAL 4-H AND FFA.

In 2023, Washington County raised \$2,130 through the Ag Tag Voluntary Donation program. That's money that goes directly to Kentucky 4-H, Kentucky FFA and Kentucky Proud to support our agriculture community (and its future) here locally and across the Commonwealth.

Of that money, \$710 went to the Washington County 4-H Program to support local activities. We have over 300 4-H members participating in activities like 4-H Camp, Horse Club, Livestock Club, Shooting Sports, Sewing Club, and Cooking Club.

Agriculture is vital to the livelihood of every Kentuckian and it is through programs like Kentucky 4-H and Kentucky FFA that we continue to instill these values in youth. Each simple \$10 donation made when renewing an Ag Tag culminates to have a major impact on the youth of County.

As we look to March for 2024 Ag Tag renewals, we ask that you remember to make your voluntary donations on each farm license plate you renew.



DUSTIN WORTHINGTON "I LOVE COWS" ESSAY CONTEST

Want to win a young Cow or Heifer?

Applicants must be an active member of 4-H or FFA

Open to any youth in Kentucky

Application Deadline – March 7

Awards Program - April 4th@

Dustin Worthington 1982-2000

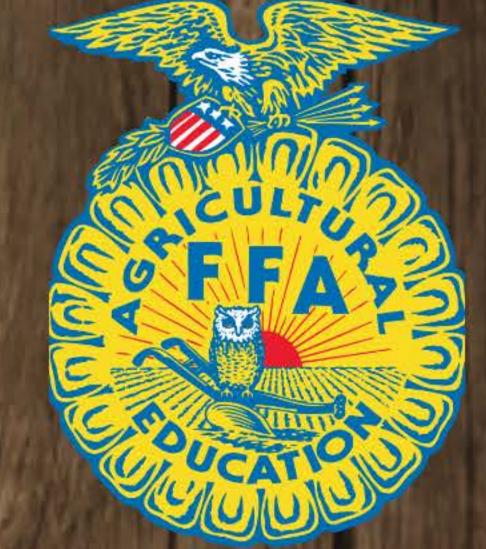
Mercer Co. Extension Office



Applications are available online https://bit.ly/24ilovecows or visit the Dustin Worthington "I Love Cows" Website for more information: www.dustinworthingtonmemorial.org Anyone who has an interest in the cattle industry, 4-H or FFA is asked to contribute to the fund. Contributions to the Memorial Fund please mail to: Dustin Worthington "I Love Cows" Memorial Fund, 436 Arrowhead

Road, Harrodsburg, Kentucky 40330

Questions please contact Dena Worthington 859-612-7260



At the Extension Office...

We have activities for youth, adults, and families!

Gardener's Wheelbarrow

Our annual Wheelbarrow Series Catalog is officially out! From February to October we have 27 classes offered for individuals to learn more about gardening and horticulture. Tomatoes, grapes, Holiday cactuses, hydrangeas are only a few of the topics to be covered. Several classes will take home plants and seeds for their gardens. Contact Dennis at the Washington County Extension Office at (859) 336-7741 or email james.morgeson@uky.edu to get a catalog and get signed up!

BQCA

The Beef Quality Care Assurance certification course will be held March 5th at the Washington County Extension Office. Two trainings will be offered; one at 9 AM and the other at 6 PM. To get get signed up to receive or renew your certification please call the Washington County Extension Office at (859) 336-7741

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Listen weekly for tips on 100.9. Our office also has a weekly radio show on the same station at about 8:20 every Tuesday morning!