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AGRICULTURE AND NATURAL RESOURC

INSIDE THIS ISSUE:

Drought Monitor	1
Wildlife Information	5
Events	2-5
Tornados	6-7
Monthly Recipe	8
At the Extension Offic	ce.8



University of Kentucky College of Agriculture, Food and Environment **Cooperative Extension Service**

www.facebook.com/ **WashingtonCounty** Kentuckv4H/

Drought Monitor



Listen for weekly tips on 100.9

Check out our website!

Cooperative Extension Service Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

conar programs of Kentucky Cooperative Extension serve all people r al status and will not discriminate on the basis of race, color, ethnic o n, political belief, sex, sexual orientation, gender identity, gender expr genetic information, age, veteran status, or physical or mental disal xy State University, U.S. Department of Agriculture, and Kentucky C LEXINGTON, KY 40546



UPCOMING EVENTS

June

1st: Dairy Night at the Ball Game, Bowling Green
9th: June Dairy Month Celebration @ WCEO
10th-17th: National AGBA Show, Louisville
19th: Juneteenth Holiday, Extension Office Closed
20th-21st: State Livestock Judging
21st-23rd: KACAA Meeting, I will be out of the office
23rd-27th: National Holstein Convention, Lexington
28th: Deer Management

June is Dairy Month



Hunter Education Student Course

Saturday August 5th, 2023 8:00 am - 5:00 pm Bluegrass Sportsman Club Wilmore, KY

Hunting Seasons

- Coyote
- Groundhog
- Turtle
- Bullfrog
- Bear (Chase-Only)



For more information on season dates : https://app.fw.ky.gov/seasondates/

Schedule of Events: Milking Demo @ 1:00 p.m. Butter Making @ 3:00 p.m.

Activities 12:00 p.m. - 4:00 p.m. Free Hand-Dipped Ice Cream from Chaneys Dairy Barn Paw Paw Ice Cream Tasting Paw Paw Tree Raffle Free Inflatable Kentucky Kate Viewing Dairy Cows and Goats

Washington County Extension Office 245 Corporate Dr., Springfield, KY

Cooperative Extension Service Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Developme Educational programs of Kentucky Coopentitive Extension serve all people regardless of excononce or social status and wind discriminist on the basis of new color, ethnic origin, inclusional origin, regularing, martial status, ganetic information, age, veteran status, or physical or mental disability University of Kentucky, Kentucky State University USS. Dispartment of Agriculture, and Kentucky Counties, Dogeneting, Instruction, Versona



This program is approved for a YAIP educational hour.

CON PIE BINGO

Prize: \$100

\$3 / square

144 squares will be available for purchase at the office Now - June 9th.

The cow will be placed in the pen at 12:30 P.M.

Proceeds will go to the Washington County 4-H



CHANEY'S DAIRY BARN



candy bars and caramel swirl

chocolate chunks and fudge swirl

banana's and Nilla Wafers

Deer Management

June 28th 5:30 PM EDT Washington County Extension Office

Topics covered in the workshop will include the basics of herd management, population estimation, food plots (with HANDS ON opportunities), and scoring antlers.

Presented by: Dr. Matt Springer UK Assistant Extension Professor of Wildlife Management

Call the Washington County Extension Office to register for the course. 859-336-7741

Spring Tornado Safety

By Jane Marie Wix - National Weather Service Jackson, KY (in coordination with Kentucky Emergency Management)

Each year, the United States experiences an average of 1,200 tornadoes. Many strike rural areas and cause little damage, and most have paths well under one mile in length and winds under 100 mph. However, a few tornadoes can become large and violent, with wind speeds approaching 200 mph, tracking tens of miles and leaving swaths of destruction and death. In Kentucky, tornadoes have occurred during every month of the year and at every hour of the day. However, they occur most frequently from March through June and typically between 3 and 10 PM. Nighttime tornadoes are often more dangerous as they are harder to see and most people are sleeping.

So what do you do if there is a tornado? How do you stay safe?

Before a Tornado

- Have a family tornado plan in place and practice a family tornado drill at least once a year.
- Have a predetermined place to meet after a disaster.
- Learn the signs of a tornado: dark, greenish sky; large hail; dark, low clouds; and loud roaring sounds.
- When a tornado watch is issued, practice your drill and check your safety supplies.
- Increase your situational awareness by monitoring the weather on weather.gov, watching local TV, or listening to NOAA Weather Radio.
- Flying debris is the greatest danger in tornadoes; so store protective coverings (e.g., mattress, helmets, sleeping bags, thick blankets, etc) in or next to your shelter space, ready to use on a few seconds notice.
- Tornado rule of thumb: Put as many walls and floors between you and the tornado as possible!
- If you are planning to build a house, consider an underground tornado shelter or an interior "safe room".
- In a mobile home: GET OUT! Go to a neighbor's house, underground shelter, or a nearby permanent structure. Most tornadoes can destroy even tied-down mobile homes.

During a Tornado

- Wear a bicycle or motorcycle helmet to protect your head and neck or cover your head with a thick book.
- In a house with a basement: Avoid windows. Get in the basement and under some type of sturdy protection (heavy table or workbench), or cover yourself with a mattress or sleeping bag. Know where very heavy objects rest on the floor above (pianos, refrigerators, dressers, etc.) and do not go under them. They may fall down through a weakened floor and crush you.
- In a house without a basement, a dorm, or an apartment: Avoid windows. Go to the lowest floor, in a small interior room (like a bathroom or closet), under a stairwell, or in an interior hallway with no windows. Crouch as low as possible to the floor, facing down. A bath tub may offer a shell of partial protection. Even in an interior room, you should cover yourself with some sort of thick padding (mattress, blankets, etc.), to protect against falling debris in case the roof and ceiling fail.
- In a car or truck: If you are caught by extreme winds or flying debris, park the car as quickly and safely as possible out of the traffic lanes. Stay in the car with the seat belt on. Put your head down below the windows; cover your head with your hands and a blanket, coat, or other cushion if possible. If you can safely get noticeably lower than the level of the roadway, leave your car and lie in that area. Avoid seeking shelter under bridges.
- In the open outdoors: lie flat and face-down on low ground, protecting the back of your head with your arms. Get as far away from trees and cars as you can.

After a Tornado

- Remain calm and alert, and listen to the radio or TV for instructions from authorities.
- Keep your family together and wait for emergency personnel to arrive.
- Carefully render aid to those who are injured.
- Stay away from downed power lines.
- Watch your step to avoid broken glass, nails, and other sharp objects.
- Stay out of any heavily damaged houses or buildings.
- Do not use matches or lighters, there might be leaking natural gas pipes or fuel tanks nearby.





BANANA "ICE CREAM"

Directions:

- 1. Peel and slice bananas, place in freezer bag and freeze overnight.
- 2. Blend banana pieces and milk in blender until smooth and creamy. (Turn blender off and shake or stir periodically if pieces aren't blending). It might take a few minutes for it to become the consistency of soft serve ice cream.
- 3. Enjoy!

Nutrition Facts per Serving: Nutrition Facts Per Serving (banana ice cream only); 60 calories; 0g total fat; 0g saturated fat; 0g trans fat; 0mg cholesterol; 0mg sodium; 14g carbohydrate; 2g fiber; 8g sugar; 0g added sugar; 1g protein; 0% Daily Value of calcium; 0% Daily Value of iron; 4% Daily Value of potassium.

Recipe cards like this are available at the office!

Ingredients

- 2 bananas, sliced and frozen
- 2 tablespoons milk
- Toppings (optional)



At the Extension Office

Cooperative Extension Service Washington County 245 Corporate Drive Springfield KY, 40069 (859) 336-7741 taylor.graves@uky.edu

Wheelbarrow Series for June 8th: Hydrangeas 15th: Introduction to Landscape Design

Wheelbarrow Series for July

27th: Petscaping

Bee Club June 5th: Monthly Meeting

Homemaker Yard Sale June 3rd