

WOW

Washington on Wellness Coalition Community Newsletter

March 2024

Partners in Wellness

- Anthem BlueCross BlueShield, KY Medicaid
- Career Center
- Central KY Head Start
- Communicare
- Department of Community Based Services
- Dominican Sisters of Peace
- Elizabethtown Community Technical College
- House of Hope Inc.
- Housing Authority of Springfield
- Humana Healthy Horizons
- KY Division of Behavioral Health
- Lincoln Trail District Health Department
- New Pioneers for a Sustainable Future
- Passport Health
- Rivendell Behavioral Health
- Silverleaf Sexual Trauma Recovery Services
- Tri-County KY United Way
- University of KY Health Education
- University of Louisville Peace Hospital
- Washington County Extension Service
- Washington County Schools

What is WOW?

The Washington on Wellness Coalition (WOW) is a community coalition comprised of agencies, volunteers, officials, and citizens. All are welcome. Our mission is to utilize community collaboration to promote well-being. Our goals include raising awareness of local issues, promoting the well-being of our community, and addressing substance use disorder through wellness.

Membership & Meetings

Any interested person may join the WOW Coalition for free. Active members meet on the last Wednesday of each month at noon. Inactive members may receive updates and minutes via email. A Member Directory is online at washington.ca.uky.edu/washington-wellness.

Anyone may receive the free monthly WOW newsletter with community information and helpful articles via email or mail. Members may also submit items to be included in the newsletter. Contact Cabrina Buckman with questions at cabrina.buckman@uky.edu or 859-336-7741.

The next WOW meeting will be March 27, 2024.

Access Local Resources

Tri-County Kentucky United Way has a resource directory that serves Marion, Nelson, and Washington Counties. This directory is available at tricitykyuw.com/resource-guide.html.

April is Sexual Assault & Child Abuse Awareness Month

APRIL

3

WEAR GREEN FOR BYSTANDER INTERVENTION!

A Green Dot is any behavior, choice, word, or attitude that promotes safety for everyone and communicates intolerance for rape, partner violence, or stalking. #GreenDotKY

APRIL

5

WEAR BLUE FOR CHILD ABUSE AWARENESS!

Blue is the color for child abuse awareness. Join us in wearing blue to show your support for child abuse prevention. #WearBlue4KYKids

APRIL

10

WEAR TEAL FOR SEXUAL ASSAULT AWARENESS!

Teal is the color for sexual assault awareness. Join us in wearing teal to show your support for sexual violence prevention and survivors of sexual victimization. #WeWearTealKy

APRIL

17

CHALK THE WALK!

Use chalk to write messages of awareness, hope, prevention, and support for survivors of sexual assault. Stop by our office if you need supplies! #ChalkTheWalkKY.

APRIL

20

SURVIVE TO THRIVE ART FUNDRAISER!

You don't want to miss our annual Art Auction! Art from local artists will be available to bid on through an online and live auction. Follow us on social media for more details.

APRIL

24

DENIM DAY!

We wear denim to protest sexual violence and remind others that no matter what someone is wearing, they are never asking to be sexually assaulted. #DenimDay2024

TAKE PICTURES AND TAG @SILVERLEAFSERVICES USING THE ABOVE HASHTAGS!



24/7 HELP & INFORMATION
CALL 270.234.9236 | 877.672.2124
TEXT 270-81-VOICE
LIVE CHAT @ SILVERLEAFKY.ORG

PLEASE JOIN US FOR A

Community Baby Shower

THIS EVENT IS OPEN TO ANY PARENTS/GUARDIANS WHO ARE EXPECTING OR WITH BABIES UP TO ONE YEAR OLD

Visit with resource vendors, learn about healthy choices and car seat safety, enjoy free pizza, and win prizes!

APRIL 30 • 4-6:30 PM

4pm - Tour Resource Tables

4:15-5:15pm - Making Healthy Choices
During & After Pregnancy

5:15pm - Pizza

5:30pm - Car Seat Safety

6pm - Final Door Prizes & Gift Cards*
Throughout the event, vendors will be available & prizes will be drawn!

Held at the Washington
County TEL Center
520 Lincoln Park Road,
Springfield, KY



Register by April 23 with the QR code or by calling the Extension Office at 859-336-7741



This event meets requirements for the Holiday Assistance program.

*\$25 Walmart gift cards will be provided to pregnant participants who RSVP by April 23 & are present for the entire event

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LEXINGTON, KY 40546



Disabilities accommodated with prior notification.

UK Cooperative Extension Service

Addressing Local Hunger

To help address local hunger, food sources are listed here. If you have information to add, please email cabrina.buckman@uky.edu or call 859-336-7741.

Blessing Boxes: nonperishable food items available to anyone in need and may be re-filled by any donor.

Washington County locations include:

- Springfield Police Station - One Police Drive, Springfield, KY 40069
- St. Dominic Elementary School - 303 West Main Street, Springfield, KY 40069
- Willisburg City Hall - 2516 Main Street, Willisburg, KY 40078
- Mackville Community Center - 10651 Main Street, Mackville, KY 40040
- Springfield Christian Church - 201 East Main Street, Springfield, KY 40069
- AME Zion Church - 300 E High Street, Springfield, KY 40069
- Holy Rosary (Manton) Church - 4653 Cissellville Road, Springfield, KY 40069
- Washington County High School - 300 US-150, Springfield, KY 40069
- Community Action: www.ckcac.org | 859-336-7766 | washingtonca@ckcac.org
- Bethlehem Baptist Church - 2200 Old Perryville Loop, Springfield, KY 40069
- Holy Rosary Church (Manton) - 4653 Cissellville Rd, Springfield, KY 40069

Feeding America Monthly Food Distribution: run by Community Action and held at Idle Hour Park in Springfield; held on 2nd full week of the month on Thursday

School Food Pantry: Contact the Family Resource Center in your child's school.

St. Dominic Food Pantry: Wednesday mornings from 9:00am-10:30am | help line: 859-805-0964 | located at 303 West Main Street in Springfield. The food pantry is open to anyone in Washington County.

Supplemental Nutrition Assistance Program (SNAP) (formerly food stamps): <https://benefind.ky.gov>
Individuals may also call the Department for Community Based Services at 859-336-3977 or visit them at 803 Bel Vista Drive in Springfield.

Meals for Seniors: The Lincoln Trail Area Agency on Aging & Independent Living offers two programs for people over the age of 60. Call 270-737-6082 for home delivered meals. Visit the Senior Center for drive through meals.

Washington on Wellness

For more information, contact:
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Washington County Extension Service
245 Corporate Drive | Springfield, KY
Phone: (859) 336-7741
cabrina.buckman@uky.edu



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