



Clover Connection

Cooperative Extension
Service

Washington County
245 Corporate Drive
Springfield, KY 40069
859-336-7741
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www.ca.uky.edu/ces

September 2023

2023 Sunflower Growing Contest Winners announced!

This spring, Washington County Extension announced our first ever Sunflower Growing Contest. 18 households competed against one another to plant, grow, and maintain a garden of three sunflower varieties.



Youth:

Largest seed head: Adrienne Baker- 16 inch diameter

Tallest sunflower: Brianna & Katelynn Reid- 11 foot tall

Adult:

Largest seed head: Mike & Sue Benningfield- 19 inch diameter

Tallest sunflower: Mike & Sue Benningfield- 12 foot tall

Winners will be awarded with a gift certificate to support their gardening endeavors!

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Project Clubs

Join for the 2023-2024 project year!

4-H Sharpshooters



Shooting Sports Club

The season is wrapping up so please wish our members luck who are competing at the State Shoot on September 9th and 10th.

Registration for the 2023-2024 year will start in October and run through December.

Monthly meetings start in January then weekly practices following spring break.

Trap, .22, archery, & pistol offered!

REMIND: @4htarget21 to 81010

4-H Country Ham Project



Country Ham

Starting Martin Luther King Day we will begin curing our hams for the Kentucky State Fair! In order to get involved in this club you'll have to register by December 8th.

REMIND: @salty20 to 81010

4-H Young Riders Club



Horse Club

If you love horses this club is for you! You **do not** have to own a horse to participate either! In fact they do tours of the industry and have professional speakers often. Meetings are held on the third Monday of each month. The membership fee is \$7. Their next meeting is September 18th. Their meeting is at 6:30.

REMIND: @wchorse to 81010

4-H Hooves & Horns



Livestock Club

Learn about feeding, healthcare, judging, grooming, and showing livestock with the Hooves & Horns Livestock club! Their meetings are the last Tuesday every month at the Washington County Extension Office at 7:00. **REMIND: @salty2020 to 81010**

4-H Teen Advisory Council

7th grade & up!



This club is only for Teens devoted to experiencing new things! This club will be taking a short break while Melissa is on maternity leave. In the meantime, be working on Achievement Applications which are due November 30.

REMIND: @wc4hteen to 81010

4-H Best Sew-ers in Town



Sewing Club

These folks have great talent! Get ready to make some beautiful masterpieces in the next couple months! Check that you are interested in your enrollment form to receive a letter when the project starts in the spring!

REMIND: @4hsew22 to 81010

Cloverville

These 4-H'ers completed arts, culinary, horticulture, or agriculture projects. They exhibited them at the 4-H Project Showcase in Washington County and were selected to advance and be shown at the Kentucky State Fair in Cloverville!

Evelyn Mudd:

- Jr Acrylic Painting- Red Ribbon
- Quilted Duffel Bag- Blue Ribbon

Lucy Kate Durham:

- Jr. Water Color- Blue Ribbon

Smith Buckman:

- Jr. Color pencil drawing- Red Ribbon

Katlynn Metcalf:

- Sr. Acrylic Painting- Blue Ribbon
- Sr. Abstract- Red Ribbon
- Dress It Up Sewn dress- Blue Ribbon
- Snickerdoodle Cookies- Red Ribbon



Country Ham

These 4-H'ers completed the country ham project by curing their own hams and delivering a speech at the Kentucky State Fair!

- Allie Arnold- Blue Ribbon
 - 1st place, 2008 Division
- Annaliese Hardin- Blue Ribbon
 - 3rd place, 2008 Division
- Dalton Huntsberger- Blue Ribbon
- Lincoln Sherrell- Blue Ribbon
- Nathaniel Montgomery- Blue Ribbon
- Timothy Bartley- Blue Ribbon
- Ann Preslee Graves- Blue Ribbon
- Adelyn Hardin- Blue Ribbon
- Lucy Kate Durham- Blue Ribbon
- Connor Grigsby- Blue Ribbon
- Taylor Bartley- Red Ribbon
- Waylon Huntsberger- Red Ribbon
- Will Maupin- Red Ribbon
- Logan Mudd- Red Ribbon
- Evelyn Mudd- Red Ribbon
- Charlie Holderman- White Ribbon
- Annalee Ragsdale- White Ribbon
- Isaiah Ragsdale- White Ribbon



Livestock

These 4-H'ers have been working with this project for several months. They feed, exercise, and prepare their animal to exhibit at county fairs and other shows.

Pigs:

- Wade Stumph:
 - 2nd in class Crossbred Breeding gilt
 - 1st in class Showmanship
- Wyatt Stumph:
 - Reserve Champion Hereford Breeding Gilt
 - 1st in class Showmanship
- Allie Arnold:
 - Reserve Champion Spotted Breeding Gilt
 - 2nd in class Duroc

Poultry:

- Connor Grigsby
 - Polish Sr. Buck- Blue
 - Polish Sr. Doe- Blue
 - Best of Breed
 - Jr Showmanship- White
- Charlie Holderman:
 - Polish Sr. Buck- Blue
 - Polish Sr. Doe- Blue
 - Polish Jr. Buck- Blue
 - Polish Jr. Doe- Blue



Cattle:

- Annalise Hardin:
 - Early Sr. Heifer Calf



State Horse Show

These 4-H'ers have been working with this project for several months. They feed, exercise, and prepare their animal to exhibit at county fairs and other shows.

- Angelina Taylor:
 - Western Country Pleasure Racking Lite Shod Sr- 1st Place
 - Trail Pleasure Racking Lite Shod Sr.- 2nd Place
 - Flat Shod Racking Horse- 3rd Place
 - W/R/M Bareback Equitation Sr- 3rd Place
 - Lite Shod Walking- 5th Place
 - Trail Pleasure Walking Sr.- 6th Place
 - Open Flat Shod Walking- 7th Place
- Andrea Cooksey:
 - W/R/M English Equitation Sr- 4th Place
 - Country Pleasure Walking Sr- 5th Place
 - Trail Pleasure Walking Sr. - 5th Place
 - Open Flat Shod Walking- 6th Place



At the Extension Office...

We have activities
for youth, adults,
and families!

Introduction to Sheep & Goats

On September 25th join us at the Washington County Extension Office to learn about raising sheep and goats, potential diseases, and basic care. Register by September 21st by calling Taylor Graves at (859) 336-7741. This program will start at 6 pm, is free to the public, and qualifies for KAIP Cost-Share Education Hours.

Cooking Through the Calendar

Get ready for some fall recipes as we keep Cooking Through the Calendar! The remaining classes of the year will be September 28, October 26, and on a date to be announced in November. These classes take place at the Washington County Public Library. Sign up by calling the Washington County Extension Office and ask for Laura Milburn (859) 336-7741

Wheelbarrow

While the last of the 2023 Wheelbarrow Class series is booked in terms of receiving plants you are still welcome to come sit through the presentation free of charge!

- **Peonies, The Queens of Spring:** Learn how to get peonies off to a good start, planting, maintenance, and care of old plants you may already have!
- **Daffodils:** Join us for an exploration of all things daffodil!
- **Holiday Cactus:** In this session we will cover the basics of growing and flowering holiday cactus. Participants will receive a plant to grow at home.

A rectangular sign with rounded corners, a black border, and the words "ON AIR" in a simple, sans-serif font. There are small radiating lines at the top-left and bottom-right corners, suggesting a glowing or active state.

ON AIR

**Listen weekly for tips on 100.9. Our office
also has a weekly radio show on the same
station at about 8:20 every Tuesday
morning!**



What is **4-H**?



LEARNING BY DOING...

In 4-H programs, kids and teens complete hands-on projects in areas like health, science, agriculture and civic engagement in a positive environment where they receive guidance from adult mentors and are encouraged to take on proactive leadership roles. Kids experience 4-H in every county in the country through in-school and after-school programs, school and community clubs and 4-H camps.

In Washington County we offer project clubs, in-school programming, special interest day camps, and overnight camp experiences to youth in our community in areas including:

- Livestock
- Horse
- Sewing
- Public Speaking
- Community Service
- Shooting Sports
- Quilting
- Cooking
- Leadership
- Art
- Gardening
- &

4-H is delivered by Cooperative Extension—a community of more than 100 public universities across the nation that provides experiences where young people *learn by doing*. For more than 100 years, 4-H has welcomed young people of all beliefs and backgrounds, giving kids a voice to express who they are and how they make their lives and communities better. Our volunteers are community members committed to "making the best better" and passing on their passions and skills to the next generation.

Enrollment in Washington County 4-H programs begins September 1, 2023 and is open to youth age 9-18 as of January 1, 2024.

For more information about getting your young person involved or to explore ways that you can volunteer and support the Washington County 4-H, please contact us!

(859) 336-7741

**245 Corporate Drive
Springfield, KY 40069**

<http://washington.ca.uky.edu/>

Melissa.schenck@uky.edu



Find us on Facebook:

**Washington
County Extension
Service**

A guide to **Enrolling in 4-H**

1. Every school year you have to re-enroll. Enrollment starts in September.

2. Every club has their own deadlines. Most are in December!

3. When you check that you are interested in a club you'll receive a letter about the 1st meeting.

4. Please return your form to the Washington County Extension Office

5. Enrolling is free! Sometimes Clubs have small fees. If you cannot participate because of the cost of a club please contact our office.

4-H Participant Information/Enrollment Form (NOT FOR RESIDENTIAL CAMP)

Note: The form must be completed by the participant and/or parent or guardian in order to participate in the 4-H program. **All items must be completed, even if the response is not applicable – indicate by using N/A (i.e. no health insurance).** Failure to complete this form in its entirety will result in the person being ineligible to participate in 4-H activities. Please print in blue or black ink to allow for photocopying.

Name: _____ County/Area: _____
 Preferred Name: _____ School Name: _____
 Address: _____ Birth Date: _____ Age: _____
 City: _____ State: _____ Zip: _____ Grade: _____
 4-Her Phone: _____ 4-H Year: _____ Gender: Female Male
 4-Her Email: _____
 Residence:
 Farm Town < 10,000 or Rural Non-Farm Town/City/Suburb 10,000-50,000 City/Suburb >50,000 City– Central >50,000
 Race (please choose more than one if applicable): American Indian Asian Black Native Hawaiian or Pacific Islander
 White Prefer Not to Say Not Listed: _____
 Ethnicity: Hispanic Non-Hispanic T-Shirt Size: _____

Parent/Guardian 1: _____ Phone number: _____
 Email: _____ Emergency Contact? Yes No
 Parent/Guardian 2: _____ Phone number: _____
 Email: _____ Emergency Contact? Yes No

Is any member of your family a current or former member of the United States Military or National Guard? Yes No

Health History

Does the participant have, or at any time has had, any of the following? Check “Yes” or “No” to each item. Please explain any “yes” answers (noting the number of the item) in the space below or on an additional sheet if necessary. Reporting conditions will not prevent a person from attending and will be kept confidential.

- | | Yes | No |
|--|--------------------------|--------------------------|
| 1) Asthma | <input type="checkbox"/> | <input type="checkbox"/> |
| 2) Bronchitis..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 3) Convulsions..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 4) Diabetes..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 5) Ear Infection..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 6) Fainting..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 7) Heart Condition..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 8) Headaches..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 9) Hypoglycemia..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 10) Serious Allergy to Insects..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 11) Serious Allergy to Nuts..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 12) Serious Allergy to Gluten..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 13) Serious Allergy to Dairy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 14) Wear Glasses/Contacts..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 15) Other Conditions..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 16) Other Allergy (please explain) | <input type="checkbox"/> | <input type="checkbox"/> |

Please explain any “yes” responses, including medications taken for any conditions:

Please explain any restrictions (dietary, physical, etc):

Social, emotional, and/or behavioral health information:

The following over the counter medications may be administered to my child without contacting me:

- Antihistamine Pill Antacid Ibuprofen (Advil) Hydrocortisone Cream
 Acetaminophen (Tylenol) Decongestant Dramamine Polysporin (topical antibiotic)

Medical Treatment

All information provided on this form is correct and complete to the best of my knowledge. This person has permission to engage in all events and activities. I hereby give permission to the event designee to provide routine health care, administer prescription and over the counter medications as noted and seek emergency medical treatment if warranted. I agree to the release of all records necessary for medical treatment, billing, or insurance. In the event I cannot be reached in an emergency, I give permission to the attending physician to secure and administer treatment, including hospitalization.

SIGNATURE OF PARENT/GUARDIAN: _____ **DATE:** _____

Publicity Release

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign and/or distribute still pictures, video and sound recordings of myself or my minor child without compensation for use in promotion, advertising, educational publications or online content.

SIGNATURE OF /GUARDIAN: _____ **NO, I do not permit**

4-H Youth Development CODE OF CONDUCT FORM (NOT FOR RESIDENTIAL CAMPS)

4-H ENROLLMENT FORM

Melissa Richardson
245 Corporate Drive
Springfield, KY 40069
Phone - 859-336-7741
Email - melissa.schenck@uky.edu

Please bubble the clubs you are interested in below. The 4-H newsletter will include dates of club meetings and activities. We'll also send information out about clubs/activities to those who indicate inter-est once they are ready to begin. Once you have re-turned this enrollment form you may begin attending meetings. 4-H Age is 9-18 as of January 1, 2023.

- o Young Riders Horse Club
 - o Hooves and Horns(large livestock and small animal)
 - o 4-H Teen Advisory Club (7th - 12th Grade)
 - o Sharpshooters (Trap, Archery, Rifle, Pistol)
 - o Country Ham Club- additional paperwork due by December 9th
 - o Best Sew'ers in Town - Sewing Club
 - o Gardening
 - o Cooking
 - o Art
 - o
- Suggestions for New Clubs (use space below to detail)

All 4-H members and family/friends associated with 4-H members must respect the individual rights, safety and property of others and adhere to this Code of Conduct. A 4-H member may be prohibited from participating in a specific event/program if the participation by the individual poses a danger to the 4-H member and/or others. The following guidelines are designed to make all 4-H events safe, meaningful, and satisfying to youth and others attending.

WHILE ATTENDING ALL 4-H MEETINGS, PROJECTS, PROGRAMS, ACTIVITIES AND EVENTS:

1. Each 4-H participant is expected to attend all planned sessions, workshops, field trips, and meetings of the event, and to be in appropriate attire. Dress codes will be specific to individual events. Delegation chaperones and/or volunteers are responsible for ensuring that members participate in all aspects of the planned program activities.
2. The possession and use of alcoholic beverages, tobacco products, vape juice and/or devices, and/or drugs (except for medications prescribed to the participant by a licensed physician) are prohibited. Delegation chaperones and/or volunteers shall limit use of tobacco products to designated areas.
3. Possession of firearms not for educational use is prohibited.
4. Setting off fire alarms and tampering with fire extinguishing and other emergency equipment are prohibited.
5. Gambling of any type is prohibited.
6. Respect toward others and facilities shall be demonstrated. Bullying, harassment of others or destruction of property shall not be tolerated. Bullying and harassment can include the use of social media.
7. Obscene, discriminatory and/or inappropriate language, roughhousing, and insubordination are prohibited at all times.
8. Display of overly affectionate or inappropriate attention between participants is prohibited.
9. Technological equipment (including but not limited to cell phones, laptops or mp3 players) shall not interfere with the program and may not be allowed in certain situations.
10. All clothing shall be neat, clean, and acceptable in repair and appearance and shall be worn within the bounds of decency and good taste as appropriate for 4-H events. Articles of clothing which display profanity, products, or slogans which promote tobacco, alcohol, drugs, sex or are in any other way distracting, are prohibited. *Each county may adopt additional Code of Conduct guidelines.*

WHILE ATTENDING OVERNIGHT CONFERENCES, CAMPS, AND EVENTS, THE FOLLOWING WILL ALSO APPLY:

1. All participants are to be in their assigned area at curfew and comply with quiet hours, lights out, and other rules of the event.
2. No member or volunteer may leave the grounds without the permission of the conference director or adult in charge. An adult shall accompany a 4-H member any time they leave the grounds. Adults shall notify another adult in the delegation before leaving the grounds.
3. At overnight events, only conference participants may be in sleeping areas. Lounges or common areas may be used only for working committees and social activities.
4. Room service such as phone calls, food, laundry, or others shall not be permitted without chaperone permission.

Any violations of this Code of Conduct shall be reported promptly to the adult in charge of the delegation/program and to the person in charge of the event. The person in charge of the event shall have the final responsibility for disciplinary action. **Failure to comply with the Code of Conduct by 4-H'ers and family/friends associated with the 4-H participant may result in penalty including, but not limited to, the following:**

- Sent home from the activity or event at his/her own expense
- Barred from participation from future 4-H events
- Assessed the cost of damages for destruction of property

I, _____ have read the Code of Conduct and agree to abide by its rules. By signing this document, I acknowledge that infraction of this Code of Conduct will result in any or all of the penalties listed above.

Member/Volunteer
Parent/Guardian

County:
Date:

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.

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4-H Issues Conference

NOVEMBER 16-18

OPEN TO CURRENT FRESHMEN-JUNIORS

JM FELTNER 4-H CENTER

THE KENTUCKY 4-H ISSUES CONFERENCE BEGAN IN 1989 TO GIVE TEEN 4-H MEMBERS THE OPPORTUNITY TO LEARN THE PROCESS OF IDENTIFYING AND ADDRESSING LOCAL ISSUES. 4-H MEMBERS SELECT AN ISSUE AND RESEARCH THE ISSUE BEFORE COMING TO THE CONFERENCE. WHILE AT THE CONFERENCE, 4-H'ERS ARE GIVEN THE OPPORTUNITY TO SHARE THEIR IDEAS AND COLLABORATE WITH OTHER 4-H'ERS FROM AROUND THE STATE. ADULT FACILITATORS WORK WITH 4-H'ERS LEADING THEM IN THE PROCESS OF PREPARING A SIMULATED PRESENTATION TO A COMMUNITY BOARD. COUNTY TEAMS ARE GIVEN THE OPPORTUNITY TO SUBMIT A MINI-GRANT PROPOSAL FOLLOWING THE CONFERENCE ADDRESSING AN IDENTIFIED LOCAL ISSUE.

FOR INFORMATION CONTACT THE WASHINGTON COUNTY
EXTENSION OFFICE

**REGISTRATIONS AVAILABLE IN
SEPTEMBER**